

For more Live Laugh Love Projects visit us @ LiveLaughLove.com

We at LIVE LAUGH LOVE have a heart for COMMUNITY...Do you?

Our neighborhoods and communities can be as beautiful as we want them to be. It just requires people who care and take the time to make a difference. Are you that person?

Do you love making things beautiful? Do you enjoy working together with friends and neighbors toward a common goal? Do you want to make a difference in your community and do something you can be proud of? Then you will love spearheading a Lot Cleanup Project in your neighborhood.

The lot can be a small park, a playground, or any particular area that may be prone to litter. Implementing a Cleanup Project will not only improve the health and safety of the environment in your community, but it will give you an opportunity to grow friendships and build new ones as you work together to keep things beautiful.

We Live Laugh Love in our Community.

It's something we all can share and enjoy together. So get started today on making your world a more beautiful place.

#### **Introduction**

Keeping nature beautiful starts with you! Your neighborhood can be a safer, more beautiful place – it just requires people like you who care enough to get involved and make change happen. Creating a lot cleanup program in your area is a win-win for everyone! Your neighborhood becomes more livable, more appealing and more beautiful. It's a great way to build community in your town and encourage others to get involved in a feel-good project that everyone will appreciate and enjoy!

#### Time commitment

Preparation: Approximately 4 hours

Clean up: Based on you. It can range from just 1 hour to a full day. If you choose to organize a cleanup that lasts more than a  $\frac{1}{2}$  day, then you need to be sure to provide food and refreshments to your volunteers and make sure there is a proper way to dispose of all trash.

#### Special skills/Limitations

No special skills are needed and the cleanup activity should not be strenuous.

#### Group Size

The group can be as small or large as you wish. It can include a small group of family and friends or a large group of volunteers from your community or organization.

#### All Over Benefits

Not only will you create a healthier environment for people and animals alike, but you will add beauty to your community and in the process build positive relationships with friends, neighbors and colleagues. It's a life-enriching program in more ways than one. As you give, you receive even more.

So give your time, your energy, your positive attitude help make a difference one project at a time.

LiveLaughLove.com

#### PROJECT GUIDE

## Step 1: Plan Your Cleanup Event

#### A. Choose a Site

Choose an area that has easy access. For help finding a cleanup site contact your local government office or parks & recreation.

Things to keep in mind:

- Parking availability
- Safety (try to avoid areas near busy roads, look for any dangerous that could compromise the safety of the volunteers)
- Time needed to conduct a successful cleanup

#### B. Secure Permission to clean up the site

The county auditor or land title office should be able to tell you if the land is publicly or privately owned and specify the owners so you can seek their permission to organize a cleanup.

#### Public Land

Contact the government agency that manages the property and ask for permission to organize a cleanup. You can also ask the agency if they would like to help support the volunteer effort by donating equipment or helping with trash disposal.

#### Private Land

If the land is privately held, arrange to speak with the landowner and tell him/her you and your group would like permission to organize a lot clean up. Explain how you want to clean, beautify and restore an important natural resource which will benefit the owner and the surrounding community.

#### C. Prepare the Site for the Clean-up Event

Identify any dangerous areas to be avoided or other safety issues.

Page 3 LiveLaughLove.com

- Speak with the owner of the land (whether government or private owner) and ensure that proper safety procedures are in place before cleanup day arrives.
- Choose an open area as your "base of operations" where volunteers will check in, check out and obtain supplies.
- Coordinate with the land owners regarding where volunteers can park their cars for the event.
- Ensure there is easy access for safety and health vehicles to reach volunteers if needed.

#### D. Choose a Day and Time

Give time to prepare. A month is ideal. You can choose how long the cleanup will be. It can be a few hours, a half day or a full day. If you choose a full day, make sure you make arrangements for lunch so that the volunteers are properly taken care of. Also make sure water is available for the volunteers.

#### E. Recruit Volunteers

This can be the most fun part of your program. It's a great opportunity to bring old friends together for a good cause, or a chance to do a family project, or a way to get acquainted with your neighbors. Above all, it gives each person a chance to make a difference and show they have a heart for their environment and their community.

You can look for volunteers from a number of sources. Some suggestions include:

- Family and friends
- Neighbors
- Community groups
- Local scout troops, 4H groups
- Local environmental organizations/nature-lover groups like bird-watchers
- Local universities in the environmental sciences department

You can also post or hand out flyers to recruit volunteers. If allowed, try posting flyers at your local community center, public library, supermarkets, local churches and online. You could even organize a Meetup Event online. Make sure to get sign-up sheets including

Page 4 LiveLaughLove.com

email addresses and phone numbers so you can keep track of anyone who wants to volunteer.

#### F. Public Relations: Talk to the media to get your Lot Cleanup event in the news

Start by contacting your local media as they are very open to publishing positive stories about the community. You can contact all forms of media, including newspapers, radio and television stations.

- Talk to the media at least 1 week before your planned cleanup.
- When you first make contact, stick to the basics you want to let the community know you are planning a lot cleanup.
- Once they are interested, let them know the details of the event. Include answers
  to the following key questions:
  - What? A lot cleanup
  - Why? To improve the health, safety and beauty of our environment and the overall community.
  - o When?
  - o Where?
  - Who? Identify the volunteers involved and be sure to highlight any local celebrities or noteworthy groups that might incur more media interest and coverage
- Be positive, upbeat and respectful. Make sure to emphasize the benefit to the community and encourage others to get involved.

#### F. Involve Civic Leaders

Try to get your government leaders involved in the event *as early as possible*. They can be from the state, city, county or even more local levels. Not only will this help you get more media coverage, but it may also help you in getting approvals for the clean up as well as potential help with tools and trash disposal for the event.

If you already have the media interested in covering the story, the government leaders may also be more interested in getting involved, as well. You can also reach out to other local leaders and groups like the Chamber of Commerce, Rotary clubs, etc.

Tips to get Government leaders involved:

Page 5 LiveLaughLove.com

- Call their office and ask for the person in charge of the leader's schedule.
- Be brief and to the point: Introduce yourself, your organization and advise that you
  have scheduled a lot cleanup event.
- Invite the leader to attend.
- Ask as early as possible to improve the chances of their participation.

## Step 2: Prep for the Event

- A. Choose clean-up leaders to help organize the event. Make sure this includes a set-up and clean-up team.
- B. Your set-up team will need to arrive with you early the day of the event.
- C. Send written event instructions to all volunteers—(email is an ideal way to do this)

  Advise volunteers what to wear and bring to the cleanup. Suggestions include:
  - Comfortable clothes and shoes you can get dirty. Preferably long pants and long sleeves to protect against insect bites, poisonous plants and sunburn.
  - o Bug spray
  - SPF lotion/spray
  - o Hat
  - Sunglasses
  - Waterproof work boots. No sneakers or sandals.
  - o Sturdy work gloves to protect your hands when handling trash
  - Change of clothes and shoes
  - Wet wipes
  - Advise volunteers what NOT to wear during the cleanup. Such as:
    - Expensive Jewelry
    - Nice clothing
    - Strong Deodorants and Perfumes (to avoid attracting insects)
  - Include directions to the event site and instructions on what to do when they arrive.
  - Make sure volunteers also know where to park.
  - Include safety tips and emergency phone numbers for the clean-up as a separate attachment.

Page 6 LiveLaughLove.com

#### D. Checklist of Items for the Cleanup

Purchase or ask for donations of the following from businesses, public authorities and/or volunteers.

- Tables and chairs for the base of operations area that includes sign-in/sign-out station, food and beverage station, first-aid station, trash removal station.
- Markers and pens
- Cardboard for signs. Paper for sign-in and sign-out sheets.
- Latex gloves or sturdy work gloves to protect hands while collecting trash and handling garbage bags.
- Drinking water for the volunteers. Lunch if the event will be more than a half day.
- Trash bags and clean-up supplies
- Sign-in, sign-out sheets, pens for volunteers and press
- Camera to take pictures during the event. Also take "before and after" photos of the area.
- First Aid kit(s)
- Safety Vests for volunteers to wear
- Acknowledgement of Risk statement that must be signed by all volunteers to protect against any liability

#### E. Trash Removal/Disposal

Depending on the scale of your cleanup, you can handle the trash removal in two ways:

- Call your Local Waste Management Company. Tell them you are involved in a
  volunteer community service to clean and beautify a certain area in your town. Ask
  if they can dispose of the trash for free or at a discounted rate. Make sure to ask
  about the proper way to dispose of special or hazardous materials.
- Recruit Volunteers with pickup trucks to transport the collected trash to a landfill or the appropriate location.

#### F. Contact local businesses

Ask if they would donate snacks or any other cleanup items for the event.

#### G. Call a caterer (if needed)



If you plan a full day event, you may want to consider using a caterer or asking volunteers to bring food and beverages for everyone for lunch.

#### H. Check the weather

As you get closer to the event date, check for any forecasted inclement weather such as extreme cold or hard rain that will keep you from successfully completing your cleanup event. Make sure you check the weather a week and especially a day before for any changes. If you need to reschedule the event, make sure to let all volunteers, press and VIPs know the day before.

#### I. Prepare a Brief Speech

Write a brief introductory speech for the day of the event, making sure to thank all volunteers, public agencies, VIPs and press for attending. Also, be sure to talk about the area you are cleaning and the benefits of the cleanup. Be sure to also give safety advice and cleanup instructions.

#### J. Check and double check

- Make sure you have all the supplies you need. Have a checklist with contact numbers and make sure all items will be delivered or ready for the event day.
- The day before the event, call any vendors and service providers to confirm their arrival and make sure they know where and how to get to the event.

### **Step 3: Event Execution**

ARRIVE EARLY at the clean-up location with your set-up team -- 1 to 2 hours before the event is scheduled to begin.

- As you drive to the clean-up site, place signs along the road to indicate where the
  event is taking place.
- Review the site to ensure you have taken into consideration all safety concerns. Be sure
  to take note of these and communicate them to all volunteers and participants.
- Set up the following stations/tables near the parking area:
  - Check-in table: for volunteers, press and VIPs. Include volunteer sign-in and sign-out sheets, "acknowledgement of risk" statements for volunteers to sign,

Page 8 LiveLaughLove.com

map of the area, flyers/fact sheets about the benefits of a cleanup to the environment and the community.

- o Refreshment table: Include water and snacks or lunch if needed.
- o First aid and safety table.
- Supply table: Include trash bags, latex or work gloves, cleanup supplies, safety vests.
- o Trash receptacle area: where the dumpsters or trash bags are collected.

#### CHECK-IN TABLE

This is important to keep track of all volunteers. Upon checking in, each volunteer should sign in and sign an "Acknowledgement of Risk" statement. This form outlines the dangers associated with area clean-ups and reiterates that each volunteer is responsible for his or her own safety. This protects the organizer(s) and anyone else involved from any liability if someone is injured during the cleanup event. Make sure all volunteers sign out at the end of their participation in the cleanup to ensure everyone is safely accounted for.

## Pre-Cleanup Briefing

- Briefly talk about the area you have chosen to beautify and clean, including any
  relevant history and importance to the surrounding area, and how the clean-up will
  benefit the environment and the community.
- Thank the volunteers, VIPs, and press for attending. Be sure to include any groups who helped with the event, including any public agencies, trash collectors, etc.
- Give the VIPs an opportunity to speak before the event commences.
- Introduce cleanup leaders
- Make sure to take pictures of the group, as well as any VIPs who attend.
- Cover safety points
- Make sure to stress the importance of signing in and signing out when finished. Anyone leaving early should advise the leaders in advance.

## Step 4: Lot Cleanup Conclusion

• Make sure each volunteer signs out before leaving.



- Dispose of trash collected during the cleanup. If possible, separate out any steel, aluminum, plastics and glass to send to the local recycling center.
- Make sure the cleanup team is in place to take away an extra refreshments, as well as tables, chairs, signs, etc. after the event is completed.
- Send out a thank you email or letter to all who attended with pictures and a summary
  of the objectives that were achieved at the event.

#### SAFETY TIPS

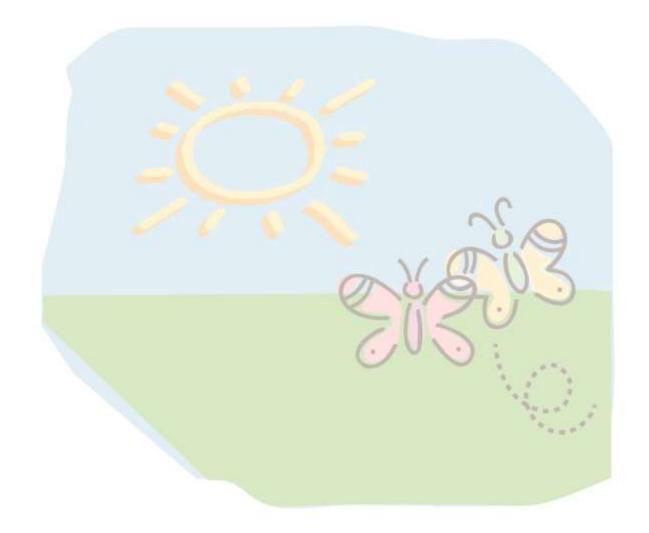
- Make sure that volunteers are aware of the physical demands of the lot clean-up
  and that they are involved in the appropriate volunteer activity. For example, if a
  volunteer is not able to do the physical cleanup, he or she can still participate by
  helping with organization and preparation of the event as well as working at the
  event tables or providing food.
- Parents and guardians must be responsible for the supervision of their children.
   Every child should have adult supervision.
- Consider postponing if you expect heavy rain close to your clean-up date, as this will
  make cleanup muddy and more difficult.
- Have a buddy system in place to make sure everyone is accounted for and can help each other.
- Create a tip sheet with a map of the area to be cleaned.
- Make sure everyone is made aware of the proper attire for the cleanup.
- Have a list of emergency phone numbers
- Scout out the area and make note of any dangerous spots that volunteers should avoid.

## Legal

This brochure is provided for informational purposes only for your personal use and enjoyment. It's use and implementation are subject to application of your own personal judgment skills and attributes. Given today's predatory legal environment wherein everyone is taught to look to others rather than themselves, it is necessary that we offer this brochure without representation or warranty that it is fit for use for the specific purposes indicated. Any use and implementation of the matters contained this brochure,

Page 10 LiveLaughLove.com

you are acting as an individual volunteer pursuing your own cause, and not as an agent of the entity offering this brochure. It's downloading and use is subject to the terms and venue stated in the terms of use posted at the website from which you downloaded it, which is the website to which LiveLaughLove.com lands.



# Thank you for volunteering! Live Laugh Love® Project Photo/ Liability Release

4s a participant, I hereby release, discharge and further agree to indemnify and hold harmless the event organizer(s),

losses, damages, démands, causes of action, suits and liability of every kind arising out of, connected to, or resulting from the activity, including without limitation, and claim for loss, damage or destruction of property, or injury (including death), regardless of whether such loss arises in whole or in part from the negligence of the above named persons and entities, its officers, employees, agents, sponsors, directors, contractors, or successors for any loss arising out of, connected to, or resulting from this activity. I have read this release and I understand all of its terms.

I grant to NBI and their subsidiaries and affiliates and to their employees, agents and assigns the right to photograph me, record video of me, or contactors, and any agents, employees, officers, directors, contractors and successors of the above mentioned organizations from any and all claims, all event sponsors, Name Brands, Inc. (NBI) the local government

audio of me, and use the same and other digital reproduction of my physical likeness for publication processes, whether electronic, print, digital or electronic publishing via the Internet or other print or broadcast without further compensation or royalty. I assign all of my right, title, interest and copyright in the same to NBI which will own all right, title and interest in same without royalty. No privity exists between me and NBI. I agree that this event is organized by third parties, not NBI, and those third parties are not agents of NBI.

LiveLaughLove.com lands, which if necessary I may view on someone's phone, or by leaving and reviewing them online and returning to the event after review land and located at the event. To counter today's predatory leaving and reviewing them online and attributes for my safety, and I will themselves. I agree that my participation is subject to application and use of my own personal judgment, skills and attributes for my safety, and I will not look to blame others for my mistakes, accidents, injuries or shortcomings during this event. I agree that all claims, causes or action at law or equity arising out of or related to this event, and all questions concerning the meaning, interpretation, performance or enforcement or validity of these terms or this Photo/Liability Release, will be judged and resolved in accordance with the laws of the State of Florida in the United States of America and venue for all such matters shall be in state court in Tampa in the State of Florida, or in the city that is NBI's principal place of I agree that participation in this event is expressly conditioned on my acceptance of the Terms of Use posted on the website at which No action or proceeding may be brought in any other jurisdiction. business if it has relocated.

Phone Number					
il Address (to sign up for the	Live Laugh Love® newsletter)				
First Name Last Name Signature (Guardian's Emo	Signature if Volunteer is under 18)				
Last Name					
First Name					

## Send an Event News Report Back to Live Laugh Love®

Congratulations! You are a leader and a change-maker and you should be proud. You've made a positive difference by implementing a Live Laugh Love project in your community. But it doesn't have to stop there. Your efforts can have even more of an impact. How? By sharing your story. Just tell us about it and we'll help you spread the news so others can be inspired to do the same.

#### WE WANT TO HEAR FROM YOU!

Let us know more about you, what you have a heart for and what you've done to make a difference so we can share it with the entire Live Laugh Love Community!

It's easy. It's simple. Just send us an email or CD with some attachments.

- Pictures
- Copies of the signup sheets
- Some text
- What was done
- Who did it
- How many people did it
- Total time spent
- The number of people the project will likely benefit
- Why you did it
- A story if you like
- Anything else!

Feel free to add anything else you feel is important.

- What was the project?
- Why did you choose the project?
- What were your goals for the project? Were they met? (ex. Number of people helped, area of land that was cleared, the increased number of people that used the park once it was cleaned) was cleaned, etc.)
- Who worked on the project? (friends, family, scout troop, club group, etc.)
   How many people?

- How much time was involved?
- Were any news articles written about your event? Can you include them for us to share or send us a link where people can read about it?
- Did you get any support from your community or local government leaders?
- Do you plan on doing this project again later on or perhaps a different one?
- Was anyone inspired to do something similar because of your example?
- How did the community respond?
- What did you do to recruit volunteers?
- What did you learn from the experience?
- Pictures would be great to have so if you can, please include "before and after" photos. Then everyone really get an understanding of what you and your team were able to do.
- If you really want to get everyone's attention, you can also write a short news article summarizing your event and its success. Hearing it from your perspective makes it that much more meaningful!

SO TAKE SOME TIME, SHARE YOUR HEART, AND HELP US MAKE THE WORLD A GREAT PLACE TO LIVE LAUGH LOVE.

Thanks!

The LLL Team

LiveLaughLove.com