

LIVE LAUGH LOVE...
FRIENDS



Organizer's Guide

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PICNIC IN THE PARK

Having a good time with friends and family doesn't have to be expensive. It can be as simple as it is fun.

If you love the outdoors, food and games then why not plan a **Picnic in the Park?**

It's a fresh, fun way to get out of the house and spend time with those important people in your life. Your "park" can be as close as one of your friend's backyards, the community park in your town or even the closest beach. No matter where you choose to have your picnic, make it a place you and your guests will be sure to enjoy.

Take time to laugh and play. A balanced life is a happier life.

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PICNIC IN THE PARK

Introduction

Meeting up with friends at the local café or restaurant can be a good time. But when the weather gets warmer, why not do something different? Picnics are great summer events that everyone looks forward to during the holidays, but who says you have to wait until then? Have a little picnic of your own. Get your friends or family together for a day of fun in the sun.

Special skills

If you can organize and like to have fun then keep reading. This is simple and easy to do.

Group size

This activity is meant to build relationships. You can plan it with a few close friends, some club, troop or schoolmates or even your family.

Time Commitment

An afternoon is perfect for the picnic and the preparation is minimal.

All Over Benefits

Planning enjoyable outings like these gives everyone something to look forward to. There's no downside to getting together with people you care about and enjoying a beautiful day.



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PICNIC IN THE PARK

PROGRAM GUIDE

Step 1: Plan your picnic

Get your favorite group of people together or use this as a chance to get to know someone better. Invite a new friend or acquaintance to join the fun.

A. Who's coming?

Determine who you will invite: your best friends, your family, your club mates?

B. When and Where?

It can be as convenient as your own backyard, the park down the street or the nearest beach. The time is up to you. An ideal day is when it's not too hot or humid and you can enjoy a fresh breeze.

C. Arrange for food, beverages and picnic gear

- Will you provide all of the food and beverages or will you ask each friend to bring something?
- Make sure to bring something to sit/lay on. It can be an old bed sheet, beach towels or a blanket.
- Make sure you have coolers to store any food that needs to be kept cold.

D. Plan the entertainment

You may just want to eat and hang out with your friends and listen to music. Or if you are more active, you may want to plan for some fun sports. Some things you may want to bring along:

- Softball and gloves for catch
- Volleyball
- Football
- Frisbee
- Board games
- Music
- Books

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- Cards

Step 2: Have fun

Important Tips

- Make sure you recycle any bottles or glass. Bring a garbage bag specifically for them to make collection and disposal easier.
- Use reusable napkins, plates and utensils. It's cheaper and more environmentally friendly.
- Make sure to bring sunscreen and insect repellent.
- Pick a spot near a shady tree to make it easier to stay cool.
- The easiest menu for a picnic includes finger foods and sandwiches. Also consider bringing fruit and salad.
- Pack the food in reusable plastic containers to avoid waste.
- Don't forget the condiments (ketchup, mustard, etc.)



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- x How much time was involved?
- x Were any news articles written about your event? Can you include them for us to share or send us a link where people can read about it?
- x Did you get any support from your community or local government leaders?
- x Do you plan on doing this project again later on or perhaps a different one?
- x Was anyone inspired to do something similar because of your example?
- x How did the community respond?
- x What did you do to recruit volunteers?
- x What did you learn from the experience?
- x Pictures would be great to have so if you can, please include them after photos. Then everyone really get an understanding of what your team were able to do.
- x You can also write a short news article summarizing your event and its success. Hearing it from your perspective makes that much more meaningful!

SO TAKE SOME TIME, SHARE YOUR HEART, AND HELP US MAKE THE GREAT PLACE TO LIVE LAUGH LOVE.

Thanks!

The LLL Team

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